Surgery risk of adverse reaction to anesthesia, as well as an extended recovery period in a significant number of cases.

If you choose to use one of the above noted "other treatment" options, you should discuss their risks and benefits with your primary medical or osteopathic physician.

Risks of Remaining Untreated

Delay of treatment may allow formation of adhesions, scar tissue and other degenerative changes. These changes can further reduce skeletal mobility, and induce chronic pain cycles. Therefore, delay of treatment may complicate the condition and make future rehabilitation more difficult.

Other Procedures and Risks: I have recommended that you undergo the following procedure (not listed above):

I have fully explained to you the risks and benefits of undergoing this procedure, as well as the risks and benefits of declining to undergo this procedure.

For Parent or Guardian Signing Form on Behalf of Patients Under 18 Years of Age

This office observes all laws regarding a minor patient's right to consent to, and to confidentiality of, his or her health care treatment. In addition, this office follows a policy of transitioning adolescent patients to self-management of their own health. We view our office visits as an opportunity for your child to learn to take responsibility for their health care. Therefore, as appropriate by age and maturity of the patient, parents may be asked to excuse themselves for a portion of or the entire health care visit. By signing this form, the parent or responsible party acknowledges understanding of and consent to this policy.

DO NOT SIGN UNTIL YOU HAVE READ AND UNDERSTAND THIS FORM.

PLEASE CHECK THE APPROPRIATE BLOCK AND SIGN BELOW:

I have read [] or have had read to me [] the above explanation of the chiropractic adjustment and related treatment, as outlined in this document. I have discussed it with (insert doctor's name) and have had my questions answered to my satisfaction. By signing below, I state that I have weighed the risks and benefits involved in undergoing treatment and have decided that it is in my best interest to undergo the treatment recommended. I understand that the doctor will use his or her best professional judgment but cannot and does not guarantee any outcome or results. Having been informed of the risks, I hereby give my consent to treatment as outlined in this document.

Dated:	
Responsible Party's Relationship to Patient	Glesener Chiropractic Center, PC DBA: Fox Valley Chiropractic Physicians
Patient's Name (print)	Representative Signature
Signature of Patient OR Signature of Responsible Party (Parent or Guardian)	Responsible Party's Relationship to Patient

## Glesener Chiropractic Center. P.C. dba Fox Valley Chiropractic Physicians CONSENT TO CHIROPRACTIC EXAMINATION AND CARE

PATIENT NAME: DATE:

To the patient: As a patient, you are entitled to be informed the purpose, benefits, and potential risks of a health care procedure, and to make the decision about whether or not to undergo the procedure. Please read this entire document prior to signing it. It is important that you understand the information contained in this document. If anything is unclear, please ask questions before you sign.

The Nature of the Chiropractic Adjustment

A primary treatment I use as a Doctor of Chiropractic is spinal manipulative therapy (also called "chiropractic adjustment"). If I believe it is indicated in your case, I will use this treatment by placing my hands or a mechanical instrument upon your body in such a way as to move your joints. That may cause an audible "pop" or "click," much as you have experienced when you "crack" your knuckles. You may feel a sense of movement.

Other Examinations Tests and Treatments

In addition, I may use other tests and examinations, some of which are listed below, if I believe they are warranted based on your condition and the information you give me. As a part of the analysis, examination, and treatment, you are consenting to the following procedures, except those that you initial below:

Spinal Manipulative Therapy Orthopedic Testing Ultrasound Graston Extremity Adjustments
Basic Neurological
Hot/Cold Therapy
Manual Therapies

Vital Signs
Fascial Manipulation
Range of Motion Testing
Electrical muscle stimulation

## Material Risks Of Chiropractic Adjustment

As with any healthcare procedure, certain complications may arise during chiropractic manipulation and therapy. These complications include but are not limited to: fractures, disc injuries, dislocations, muscle strain, cervical myelopathy, costovertebral strains and separations, and burns. Some types of manipulation of the neck have been associated with injuries to the arteries in the neck leading to or contributing to serious complications, including stroke. Some patients will feel some stiffness and soreness following the first few days of treatment. I will make every reasonable effort during the examination to screen for contraindications to care; however, if you have a condition that would otherwise not come to my attention, it is your responsibility to inform me.

## Probability of Risks Occurring

Fractures are rare occurrences and generally result from some underlying weakness of the bone which I check for during the taking of your history and during examination and X-ray. Stroke has been the subject of tremendous disagreement. The incidences of stroke are exceedingly rare. In 2008, one study reported the risk to be 1 case per 400,000 to 1,000,000 cervical spine adjustments. To the best of my knowledge, this is the largest controlled research study to date on this issue. Please ask if you would like additional information regarding cervical spine adjustments and risk of stroke. The other complications are also generally described as rare.

Availability and Nature of Other Treatment Options

Other treatment options for your condition may include:

- Self-administered, over-the-counter analgesics and rest risks may include irritation to stomach, liver and kidneys, and other side effects in a significant number of cases.
- Medical care and prescription drugs such as anti-inflammatory, muscle relaxants and pain-killers typically anti-inflammatory drugs, tranquilizers, and analgesics. Risks of these drugs include a multitude of undesirable side effects and patient dependence in a significant number of cases.